

# Queensland Race Walking Club Inc.

ABN 59 065 512 712

*Building on a fine tradition of race walking, 70 years in the making.*



November 20<sup>th</sup> 2025

## RIP Bert Janes

It is with sadness that we announce the passing of Bert Janes a few weeks ago. Bert was a masters racewalker for many years competing in track and road races until it became too difficult to meet the knee rule. But he continued walking with the Twin Towns Social Runners and Walkers Club participating in many fun walks. Bert was one of the original members of the Twin Towns Walkers Club in the 1990's and served on the committee a few times.



Bert competed in the Pan Pacific Masters Games back in the early days with the likes of fellow Queensland Masters walkers Jim & Felicia Schmidt, Keith Heness, Patrick Sela, George Megas, Ray Denham, Mick Bellette, Dick Keatinge, Richard & Sally Lynch, Judy Moller, Robyn Wales, Christiane Dauphine & Noela McKinven. Interstate walkers like Frank Overton, Robin Wood, & Tim Thompson were also competing back then.

In 2007 Bert walked his first ultra in the Gosford Coast Classic 12-hour event. Bert Janes put in a brave performance recording a very credible 70.227 km. Bert was by then in the Masters M70 category and left a lot of younger and more experienced walkers like Steele Beveridge and Robin Whyte in his wake. Our condolences to his dear wife Alison at this sad time.

# THIS WEEK

## Queensland Athletics Track Season

November 22<sup>nd</sup> QSAC

Don't miss this opportunity to get a qualifying time for the Nationals.

6:50pm 10,000m Race Walk 16+ Male/Female

**Entries** [Joanna Stone Shield Meet - Queensland Athletics](#)

**Entries Close:** Friday 21st November, 9am.

### AA Championship Qualifying Standards

|                     | Open    | U23     | U20     |
|---------------------|---------|---------|---------|
| 10,000 m Walk Men   | 52:00.0 | 52:00.0 | 58:00.0 |
| 10,000 m Walk Women | 58:00.0 | 58:00.0 | 62:00.0 |

**Note:** Athletes must be turning 16 years of age in the year of competition in order to enter any event in excess of 5000 metres

## Queensland Masters Athletics

22<sup>nd</sup> November 2025 Saturday QSAC Main Track

7.40am 3000m Race Walk

9.45am 800m Race Walk

**Entries** [QMA BRISBANE 2025-26 #3 MEMBERS - Qld Masters Athletics Association Inc - revolutioniseSPORT](#)

[QMA BRISBANE 2025-26 #3 VISITORS - Qld Masters Athletics Association Inc - revolutioniseSPORT](#)

## Little Athletics Summer S2 Carnival

GC Performance Centre, 23<sup>rd</sup> November

*Draft Programme*

**3:10pm**

U10 Girls 1100m Race Walk

U10 Boys 1100m Race Walk

U11 Girls 1100m Race Walk

U11 Boys 1100m Race Walk

U14 Girls 1500m Race Walk

U14 Boys 1500m Race Walk

U15 Girls 1500m Race Walk

U15 Boys 1500m Race Walk

U16 Girls 1500m Race Walk

U16 Boys 1500m Race Walk

U17 Girls 1500m Race Walk

U17 Boys 1500m Race Walk

**3:45pm**

U9 Girls 700m Race Walk

U9 Boys 700m Race Walk

U12 Girls 1500m Race Walk

U12 Boys 1500m Race Walk  
U13 Girls 1500m Race Walk  
U13 Boys 1500m Race Walk

## Queensland Athletics Track Season

### November 29<sup>th</sup> QSAC

6.30pm 3,000 metres

6.50pm 5,000 metres

[Entries 2025/26 Old Athletics Shield Series: Darren Thrupp Shield - Queensland Athletics - revolutioniseSPORT](#)

January 11<sup>th</sup> QSAC 3,000/5,000 metres

January 17<sup>th</sup> QSAC 3,000/5,000 metres

February 21 QSAC 3,000 metre / 10,000 metres QA Championships

February 28<sup>th</sup> UQ 3,000 Metre Championships

March 7<sup>th</sup> QSAC 3,000/5,000 metres

March 25<sup>th</sup> QSAC 5,000 metres

## Queensland Masters Athletics Track Season

Programmes – subject to change depending on track availability now that the SAF has been ripped up for resurfacing.

### 29th November 2025 Saturday Main Track\*

7.15am 5000m Race Walk

9.15am 1500m Race Walk

### 6th December 2025 Saturday Main Track\*

7.30am 3000m Race Walk

9.35am 800m Race Walk

### 20th December 2025 Saturday, Main Track\*

9.00am 1500m Race Walk

### 21st December 2025 Sunday Main Track\*

8.15am 3000m Race Walk

9.30am 800m Race Walk

### 17th January 2026 Saturday Main Track\*

7.30am 3000m Race Walk Championship

9.50am 1 Mile Race Walk

### 24th January 2026 SAF\*

9.40am 1500m Race Walk

### 31st January 2026 SAF\*

7.30am 3000m Race Walk

9.55am 800m Race Walk

### 14th February 2026 Saturday, Venue SAF

9.00am 1500m Race Walk

### 15th February 2026 Sunday, Venue SAF

8.15am 3000m Race Walk

9.30am 800m Race Walk

### Saturday 21st February 2026 - Track Events State Athletics Facility

#### QMA State Championships 2026

9.00am 5000m Walk Championship

#### Saturday - 21st February

9.30am 1500m Walk Championship

### 28th February 2026 Saturday, Venue SAF

8.10am 3000m Race Walk

# Australian Marathon Race Walking Championships

Saturday, 29 November Stromlo Forest Park, Canberra

Saturday, 29 November, the inaugural [Australian Marathon Walks Championships](#); the first event of its kind in the country, will be held over the full marathon distance of 42.195km.

## Entries

### Marathon Race Walk

#### Men

|   |    |   |
|---|----|---|
| 1 | 18 | Jack McGinniskin New South Wales            |
| 2 | 22 | Dylan Richardson New South Wales            |
| 3 | 26 | Will Thompson Victoria                      |
| 4 | 20 | Kim Mottrom South Australia                 |
| 5 | 10 | Mitchell Baker Australian Capital Territory |
| 6 | 13 | Rhydian Cowley Victoria                     |
| 7 | 16 | Carl Gibbons New South Wales                |

#### Women

|   |    |                                    |
|---|----|------------------------------------|
| 1 | 17 | Nellie Langford South Australia    |
| 2 | 21 | Alanna Peart Victoria              |
| 3 | 24 | Kelly Ruddick Victoria             |
| 4 | 19 | Elizabeth McMillen New South Wales |
| 5 | 11 | Hannah Bolton New South Wales      |
| 6 | 25 | Olivia Sandery South Australia     |

### Half Marathon Race Walk

#### Female

|   |    |                                  |
|---|----|----------------------------------|
| 1 | 23 | Chelsea Roberts New South Wales  |
| 2 | 29 | Zoe Woods New South Wales        |
| 3 | 14 | Samantha Findlay South Australia |
| 4 | 17 | Nellie Langford South Australia  |

#### Men

|   |    |   |
|---|----|---|
| 1 | 12 | Alex Bradley Queensland                     |
| 2 | 28 | Marcus Wakim Victoria                       |
| 3 | 27 | Declan Tingay Victoria                      |
| 4 | 15 | Timothy Fraser Australian Capital Territory |

# 2025 Australian All Schools Athletics Championships

Melbourne December 4-7<sup>th</sup>

## Draft Timetable as at 25 June 2025

### 04-12-2025

- 17:15 Female 3000m Race Walk U14
- 17:40 Male 3000m Race Walk U14
- 18:05 Female 5000m Race Walk U18
- 18:05 Female 5000m Race Walk U17
- 19:05 Male 5000m Race Walk U18
- 19:05 Male 5000m Race Walk U17

### 06-12-2025

- 17:10 Female 3000m Race Walk U16 Final
- 17:10 Female 3000m Race Walk U15 Final
- 18:10 Male 3000m Race Walk U16 Final
- 18:10 Male 3000m Race Walk U15 Final

**2026 AA 10,000m Race Walking Championships  
& U20 AA 5,000 metre Championships – Supernova  
AIS Athletics Track, Bruce, Canberra, ACT**

**January 25<sup>th</sup>**

8:15 am 10000m Race Walk Women Senior

9:25 am 5000m Race Walk Men U20

**January 26<sup>th</sup>**

8:15 am 10000m Race Walk Men Senior

9:15 am 5000m Race Walk Women U20

**Entries**

[Roster Athletics · 2026 Supernova - Australian Championships & World Athletics Race Walking Tour Silver](#)

**Australian Masters Athletics Championships  
Australian Institute of Sport, Leverrier Street, Bruce ACT  
March 6-9<sup>th</sup> 2026**

**Draft Walks Programme**

Friday 6<sup>th</sup> 1,500 metres AIS track

Saturday 7<sup>th</sup> 5,000 metres AIS track

Monday 9<sup>th</sup> 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>

**2026 AA Half Marathon Race Walking Championships**

War Memorial Drive, Adelaide, South Australia

March 15<sup>th</sup> 2026

Details and entries to follow



**WORLD ATHLETICS  
RACE WALKING TEAM  
CHAMPIONSHIPS  
BRASÍLIA 26**

**World Athletics Race Walking Team Championships will be held  
in Brasilia, Brazil on 12 April 2026**

**2026 National Junior Athletics Championships  
QSAC Brisbane**

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates and details for the inaugural aligned athletics championships in Brisbane in 2026.

**April 12 – 14: Australian Little Athletics Championships**

**April 15 – 20: Australian Athletics Junior Championships**

Across both events athletes from around Australia will compete as part of a celebration of the sport and its growing success as we head towards a 2032 home games.

AA and LAA have agreed to a number of changes in 2026 to the two events. In summary:

The youngest age group at AAJC will be Under 14 (athletes born in 2013, or for PV and HT only, 2014). AAJC will not include an Under 13s competition (athletes born in 2014 or later).

The age groups competing at the ALAC will be

Under 12 – Athletes born in 2014 and

Under 13 – Athletes born in 2013 (LAA age group definition) and will not include any age groups for athletes born before 2013.

Eligibility for both championships will be open to the whole of sport.

ALAC will have increased team numbers to provide more opportunities for national championships for athletes across the whole of sport.

Little Athletics athletes who achieve the requisite AA entry standards will be eligible to compete in the AAJC.

### **Thursday 16<sup>th</sup> April**

10.00am 3000m Race Walk U14 Men

10.00am 3000m Race Walk U14 Women

5.25pm 5000m Race Walk U17 Women

5.25pm 5000m Race Walk U18 Women

Friday 17<sup>th</sup> April

11.15am 5000m Race Walk U17 Men

11.15am 5000m Race Walk U18 Men

### **Monday 20<sup>th</sup> April**

10.55am 3000m Race Walk U15 Women

10.55am 3000m Race Walk U16 Women

11.45am 3000m Race Walk U15 Men

11.45am 3000m Race Walk U16 Men

## **QRWC to host 10km walk 2026 Pan Pacific Masters Games**

The Athletics – 10km Road Race Walk as part of the 2026 Pan Pacific Masters Games will be held on **Sunday November 8<sup>th</sup>** on the Luke Harrop Criterium cycling circuit at Runaway Bay starting at 7am.

Track and field events at these Games will be on Saturday 7<sup>th</sup>, Sunday 8<sup>th</sup> & Monday 9<sup>th</sup>

**Entries Open** 3 March 2026 (9am AEST - QLD time)

### **Games fee periods**

\$140 Early Bird (3 March – 31 May 2026)

\$155 Saver (1 June – 31 August 2026)

\$170 Standard (from 1 September 2026)

### **Road Walk Age Requirements**

- Age is determined as of Sunday 8<sup>th</sup> November 2026
- Minimum age for competition is 30 Years

**10km Road Walk Sport Fees:** \$30 per person

**Road Walk Entries Close:** Sunday 29<sup>th</sup> October 2026 (11:59PM AEST)

## Important Masters Meets in 2026/27

### 2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

From the 1st July 2026 the only Australian uniform that you will be able to wear is the AMA Valour uniform. All athletes intending to compete at the World Champs in Daegu will need to have the Valour competition uniform.

AMA will be opening the Uniform Shop for orders in March /April and will have sample sizes at the Australian Championships for athletes to try on.

### 2027 OMA Championships

- Date: January 27 – 31, 2027
- Venue: Christchurch NZ

### 2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA

## QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025 – 30 SEPTEMBER 2026

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

**Membership Fee:** \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

### Membership Options

| Membership Level | Cost (plus club fee*) | QA Shield Meet Entry | QA Championship Entry | Cross Country Series | Eligible for QLD Team? |
|------------------|-----------------------|----------------------|-----------------------|----------------------|------------------------|
| Platinum         | \$250                 | FREE                 | \$10/event            | \$12                 | ✓ Yes<br>(All events)  |
| Gold             | \$150                 | \$18                 | \$22/event            | \$12                 | ✓ Yes<br>(All events)  |
| Base & Qrun      | \$12                  | \$32                 | \$32/event            | \$12                 | ✗<br>Not eligible      |

## Non-Competing Members

| Role             | QA Fee | Notes  |
|------------------|--------|--|
| Volunteer        | \$0    | Club volunteers for operations & comps       |
| Committee Member | \$0    | Must be registered members                   |
| Official         | \$0    | Must be accredited with Australian Athletics |
| Coach            | \$0    | Must be registered and accredited            |

◆ **Blue Card Required** (Working with Children Check)

📍 Check with your club or visit [bluecard.qld.gov.au](http://bluecard.qld.gov.au)

## Rules of Race Walking

There are two basic rules in Race Walking: • **Contact:** The athlete must never have both feet off the ground at once. • **Knees:** The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

## Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

**Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.**

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

*If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator [bluecardqrwc@gmail.com](mailto:bluecardqrwc@gmail.com)*

## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

## **Racewalking Queensland Management Committee 2025/26**

**President:** P Bennett

**Vice President.** J Blackburn

**Secretary:** N. McKinven

**Treasurer** Vacant

**Committee:** S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

**Patron:** S Perkins

**Registrar:** S Dale

**Handicapper** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media** P Chadwick

**Results** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer.** Ignacio Jimenez & Noela McKinven

**Canteen Convenor** R Wales, J Dale

**Blue Card Co-ordinator** B Gannon

**Club Captains:** Phoebe Chadwick, Alex Bradley

**Vice Captains** Mia Bergh, Kai Dale

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

### **Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

**About us ....***Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.